



American
Heart
Association.

GETTING TO THE
HEART OF STROKE™



“What can I do to manage my AFib?”

“How does my AFib impact my risk for stroke?”

“How can I make him feel better?”

“How can I give her hope?”

“Do others with AFib feel this way too?”

MyAFibExperience®

YOU ARE NOT ALONE.

Atrial fibrillation (AFib) affects millions of Americans — not just patients, but the loved ones who care for them as well. Patients may feel alone, scared or depressed. Caregivers may be tired, confused or overwhelmed.

That's why **MyAFibExperience** exists: so real people can share their real stories and make a real difference in people's lives.

Signing up at **MyAFibExperience.org** is easy, and membership is free — putting advice, encouragement and reliable, helpful information at your fingertips whenever you need it.

Sign up for HEALING

Find emotional support by sharing your experiences, monitoring your progress and celebrating your achievements with others who are facing a similar journey.

Sign up for HELP

Get practical advice from other patients, family members, friends and caregivers who have asked the same questions you now face.

Sign up for HOPE

Read stories of encouragement and share the strength of real people — just like you — who live with AFib.

Make a connection. For life. MyAFibExperience.org

The American Heart Association and StopAfib.org
are collaborating to support atrial fibrillation patients.



The HCA Healthcare Foundation is the national sponsor of Getting to the Heart of Stroke™.

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